

MESSENGER

Grace | Arendahl | North Prairie | Pilot Mound

Lent Worship Times

March 2 - Ash Wednesday

1:30 pm - Pastor Sarah at Chosen Nursing Home, Chatfield, MN leading in worship.

7:00 pm - Ash Wednesday

Worship Service at Grace Lutheran Church, Peterson, MN

March 8 - 9:00 am - 10:00 am

- Root River unClergy ZOOM Conference Mtg.

March 9 - 7:00 pm Mid-Week

Lenten Worship Service at Pilot Mound

March 16 - 7:00 pm Mid-Week

Lenten Worship Service at North Prairie

March 23 - 7:00 pm Mid-Week

Lenten Worship Service at Arendahl.

March 30 - 7:00 pm Mid-Week

Lenten Worship Service at Grace.

March 28 - 7:00 pm - Good

Shepherd Annual Mtg. at Montini Hal, Rushford, MN



The United Lutheran Parish Confirmation Youth invites everyone to participate in “40 Together”

On March 2nd we begin our Lenten journey with Ash Wednesday. Lent starts with us remembering Jesus’ passover from death to life. During the 40 days of Lent, God calls us to repent of our sins by turning to see our neighbors, strangers, and our global family that are in need of shelter, food, justice, or to be freed from oppression. And through this our life in Christ is renewed.

In response to our call as baptized children of God, the Confirmation Youth invite every member of the congregations to consider giving \$1 for every member of your family during Lent. One dollar each, one time. (For example: if you are a family of four you would give \$4. If you consider your pets as family, donate an additional \$1 for each pet.) The funds collected during this time will go to Tanzanian education and healthcare, Colombian education, local South Sudanese hunger ministries, local refugee ministries (including resettlement), and local food grants.

Please write you check out to Southeastern Minnesota Synod, ELCA and write in the memo of the check “40 Together”. The Confirmation Youth thanks you for your generosity.

In Christ’s Love, Pastor Sarah

Pastor Sarah's at "Dusk" ZOOM BOOK CLUB LIST

Thursday, 7:00 PM-8:00 PM

Please email me if you are interested at sarahjwalkerbrown@gmail.com and I will email you the ZOOM link .

3/24 - **Cutting for Stone** by Abraham Verghese

4/21 - **Once There Were Wolves** by Charlotte McConaghy

5/19 - **Lightning Strike** by William Kent Krueger

6/23 - **Talking to Strangers** by MALCOM GLADWELL

7/21 - **NEITHER WOLF NOR DOG** by Kent Nerburn

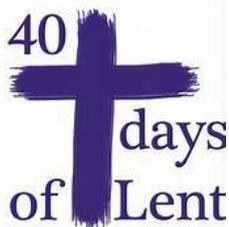
8/25 - **THE SEED KEEPER** by Diane Wilson

9/22 - **While Justice Sleeps** by Stacey Abrams

10/20 - **NOTHING MORE DANGEROUS** by Allen Eskens

11/17 - **Kindred** by Octavia E. Butler

12/15 - **THE BLACKHOUSE** by Peter May



REMEMBER IN YOUR PRAYERS THE FOLLOWING PEOPLE AND THEIR FAMILIES: That we at United Lutheran Parish may be open to God's will, strength and healing for...

•Health: Jill Sharon (Rhonda Bauer's sister), Don Boyum, Herb Highum, Linda Kingsbury, Eileen Kinneberg (Sheri Holtegaard's mother), Arlene Grimes, Joan Vitse (Ryan Vitse's mother), Bill Marietti (friend of Pastor Sarah), Luella Brown, Andy Koeneman(Pastor Sarah's friend son), Beverly Klinski, Sylvia Swenson (Shari Boyum's mother), Shawn & Jana Draper & their children Andrew and Abby (Jo Anne Agrimson's sister is Jana), & Lynne Clarke.

•On Going Health Concerns: Keith Pedersen, Amanda Schott, & Tom Haugstad.

•Homebound: Lyle Bremmer, Arlene Holetgaard, Ruth Black, Lois Ulrich, & O'Donna Haugstad.

•Assisted Living and Care Centers: Barb Holien, Mavis Malmin, Roger Boyum, Marlow Boyum, Bob Willcox, Don Boyum, & Sarah Turnmire.

•Our Military: Eric Boyum, Tom Moen, Timothy Harrison, Jon Wiley(Bev Klinski grandson-in-law), Dustin Willcox (grandson of Bob & Ardis Willcox), Dakota Winkelman (nephew of Tom & Deb Haugstad) and their families.

Cora was received into the arm of God's mercy, into the blessed rest of everlasting peace, and into the glorious company of saints in light.

Cora Elida Johnson
July 30, 1926 - January 28, 2022
Funeral February 2nd, 2022
at Hoff Funeral Home, Rushford, MN

Looking Ahead...

May 7, 2022 - Southeastern Minnesota Synod Assembly at the Verizon Center in Mankato, MN. Registration opens on February 1, 2022. Imagine: Endless Possibilities in God's Grace is the theme.

UNITED LUTHERAN PARISH
Sunday, February 6, 2022
Arendahl Lutheran Church

Members present: Pastor Sarah; Keith Agrimson, Paul Boyum, Dana Knudsen, (A); Allan Kingsbury, (G); Steve Erickson, Doris Horsman, Sonia McCabe, (PM); Diane Drinkall (NP). Absent: Brad Gorder, LeRoy 'Ike' Johnson, Anita Brown, Brent Olson.

President Allan Kingsbury called the meeting to order following worship. Allan indicated that Brad Gorder would be replacing Karen Thompson on the council. There were no more changes to the list of Council members.

The secretary's report has been previously approved via email/text.

There were no additional comments regarding the January 2022 treasurer's report as presented. A motion by Paul Boyum, with a second from Keith Agrimson, to approve the Treasurer's report. Motion passed.

Parish Nurse Report: A CPR class will be offered in the near future if there is interest. Each class is limited to 8 persons. Cost will be \$25 for a 4-hour class. It would be held at one of our churches to be determined at a later date.

In youth news, Confirmation will take place in May. There will be 6 confirmands – 3 from Grace, 1 from Pilot Mound and 2 from North Prairie.

Also in Pastor Sarah's report there was only one funeral since our last meeting – Cora Johnson of North Prairie was February 2nd.

Pastor also indicated there will be 2 weddings during the summer months – Bethany Holtegaard and Jacob Kronebusch in June and Brian Kesler and Crystal Clemens in September.

Pastor Sarah is on-call February 7-11 for pastoral emergency at Highland Prairie/Elstad Lutheran.

First order of business was to discuss the upcoming Lenten worship schedule. It was decided to have coffee fellowship following the Lenten services this year. March 2nd is Ash Wednesday services with Holy Communion at Grace. The following Wednesday services will include coffee fellowship after services. Maunday Thursday service with Holy Communion, will be at North Prairie and Good Friday services will be at Arendahl. All services will begin at 7:00pm.

Easter services will be at Pilot Mound at 7:00 am, Grace at 9:00 am, and Arendahl at 10:30 am.

Our last order of business was the election of officers for 2022. Chuck Eidenshink agreed to stay on as ULP Treasurer. Diane Drinkall offered to continue as Council Secretary. A motion to accept Paul Boyum as President and Sonia McCabe as Vice President. Steve Erickson made a motion to cease nominations. Keith seconded the motion. Motion passed.

We thanked Allan for his leadership during the past year.

Our next meeting will be Sunday, May 1st at 7:00 pm at Grace.

A motion to adjourn the meeting was made by Keith and seconded by Steve. Motion passed. Meeting was adjourned.

Respectfully submitted,

Diane Drinkall, Secretary

North Prairie/Arendahl Sunday School News

In February, we did a service project about ways to love our neighbor. We made 110 Valentine's baskets and put candy and homemade cards in them. On February 13th, we handed out the baskets to congregation members at church and the rest were delivered to the Good Shepherd Nursing Home in Rushford. We also purchased toothbrushes, toothpaste, lotion, and hand soap for the residents of the Lewiston Senior Living.



We look forward to seeing our Sunday School families in March! Some of our lessons will be "Daniel and the Lions Den", "God Calls Samuel", "David is Chosen", "Solomon Builds a Temple" and "Queen Esther". Please remember to bring your binders and Bibles every Sunday.



It has been decided to improve the playground at North Prairie. If anyone has any ideas or suggestions of what can be added or fixed, please let Anita Brown know. Also, if anyone would like to volunteer their time and talent to help with the projects when the time comes, please let Anita know.

GRACE SUNDAY SCHOOL NEWS

The Grace Sunday School children's offerings are going to specific causes this year. This past fall/winter, we sent Operation Christmas Child boxes, and provided a goat and chicks to people in third-world countries.

**SHARING
GOD'S
GIFTS**

The rest of our causes are:
Winona County Dive Rescue - Jan 9-Feb 13
Rushford Food Shelf - Feb 20-March 27
money and/or food is welcome!
St. Jude's - April 3-May 8

These are causes that the children helped pick. If church members would like to contribute to our cause(s), we have a container for donations in the back of Grace church. Thank you!



GRACE WELCA - MARCH 2022

QUILTING

Wednesday, March 9 9:00AM

Wednesday, March 23 9:00AM

Everyone is welcome to join the Quilters and "fleeceketeters" group!

MONTHLY MEETING

Thursday, March 17 2:00PM

Installation of WELCA Officers

We will also be handing out the new Welca booklets for 2022.

We are going to be adding a new item to our meetings this year from

"The 5-Minute Bible Study for Women."

*Our first lesson is titled "Choose Extraordinary" and
will focus on Romans 12 and specifically on Romans 12:2.*

Servers: Lorraine Benson and Edna Gravos

**2022 WELCA Officers: Co-Presidents - Val Hasleiet, Susie Norby
Secretary - Karen Thompson Treasurer - Kathy Hallum**

*WELCA is our church organization for all women members.
Everyone is invited and encouraged to participate in WELCA activities!*



ELCA Good Gifts

Thanks to the caring folks at our churches, the HWY 30 worship service and “month of giving” (December 8-January 23) raised \$1,467.00 for ELCA Good Gifts. Many of us donated with no specific gifts in mind; however, designated gifts will go to purchase these goods:



- 2 flocks of chicks
- 2 goats, each with a flock of chicks
- 1 piglet with manure (to fertilize gardens)
- 1 piglet
- 1 contribution to God’s Global Barnyard
- School supplies for a child
- School fees and uniform for a girl
- Nutrition for a child for one month
- Enough to feed 10 people at a soup kitchen

Imagine how God is smiling!

If you did not have an opportunity to give to ELCA Good Gifts and would like to contribute, you may go to

<https://goodgifts.elca.org> to find the options for giving or

simply send a check made out to ELCA Good Gifts to ELCA Gifts Processing Center P. O. Box 1809 Merrifield, VA 22116-8009.



This mission is dear to our hearts. Thank you for making it part of your mission!

Jo Anne Agrimson & HWY 30

North Prairie WELCA Announcements for MARCH 2022

Friday, March 4th: WOLRD DAY OF PRAYER

Sunday, March 13th: 9:30 am - WELCA meeting prior to worship, Circle #1 - devotions

STEWARDSHIP GOALS for 2022:

Mission Quilts (locally and LWR) and School Kits (LWR)

PARAMENTS for Jan-Apr: Doreen Goodman, Sue Moen

BULLETIN BOARD for Jan-Apr: Circle # 3

FLOWERS for March: Circle # 2



**The 2022 Program yearbooks are available.
Contact President Diane if you have not received your copy.**

Upcoming events for WELCA include:

During the 2022 year we have scheduled several WELCA meetings throughout the year, quilting days from July thru November, and fundraising events - annual meatball dinner in April, a fall dinner in September, and Christmas Holiday Bake Sale in December.



These dates are all pending per the continuing Covid-19 Pandemic.



Please add this to your calendar. YOUR participation makes for a great opportunity to volunteer and support the work of our Women of the ELCA at North Prairie.

Looking forward to working with **YOU** during 2022. To streamline communications for WELCA with e-mail, text, and/or calls and to cut costs for postage and paper, please forward your e-mail address and phone #s - WELCA President Diane Drinkall: 507.459.1776 or dedrinkall@hotmail.com

FRIENDSHIP GARDEN

AT NORTH PRAIRIE



This spring the friendship garden will be taken out and seeded down. **EXCEPT for the Peony Bush**, anyone interested in the perennials are welcome to take them. The Peony is going to be transplanted to the area near the entry door.



Easter Lilies

Would you like to share and Easter lily in honor or memory of a friend or loved one? Lilies are needed to decorate the sanctuaries on Easter Sunday, April 17th.

Let's fill our churches with Easter Lilies again this year. Kari Hanson will pick up Easter lilies for our church sanctuaries. Cost of each plant will be \$15.00. Please make checks payable to: Kari Hanson.

Please place your order by signing up in the rear of the church. The deadline for ordering is **Sunday, April 10th**. Also specify if your Easter lily is in someone's honor or memory.

I Know the Plans I Have for You

Friday, March 4, 2022

Program written by the
World Day of Prayer Committee of
England, Wales & Northern Ireland

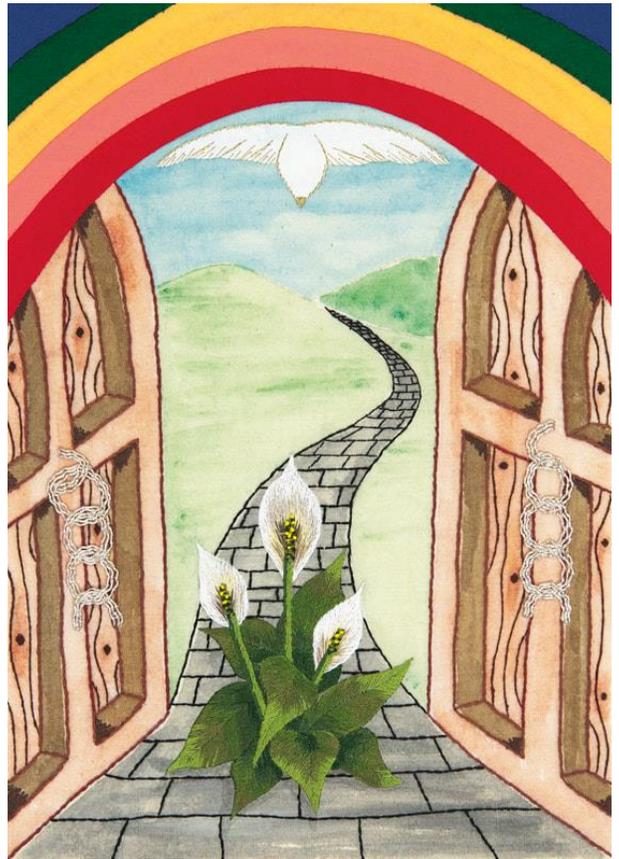
for WDP 2022
Jeremiah 29:1-14

In the midst of all the uncertainties we are living under due to the COVID-19 pandemic, the WDP 2022 theme emerges like a balm of confidence. It is an invitation to place our trust in God in times of suffering.

The program is based on the letter that the prophet Jeremiah wrote to the exiles in Babylonia. The exiles were in a context of suffering, uncertainty, and opposing views on how to respond to the moment.

For Jeremiah, God's plan was clear, and we share this assurance by singing it. What is your WDP hope? Let the children and the youth guide your response. Then, come to celebrate hope by lighting a candle on behalf of the seven regions of the world, knowing that our prayerful action can bring to life the promises of God who, like a Mother and Father, cares for us all.

We are given a seed of hope to ponder where it needs to be planted in our lives and in our communities. Take this opportunity, to raise awareness on the needs of your community and offer the gifts of prayers and commitment. A seed, nourished by prayers of intercession and actions of love, bind us together around the world.



Parish Nurse News

Care for the Caregiver

Our Lord has commissioned us all to be caregivers. Sometimes this can be very hard and in order to be an effective caregiver, we need to take care of ourselves.

Some of the things we can do are---

- pray—do devotions and include clergy if you feel it is helpful. -
- get enough sleep and realize when we are sleep deprived. Ok to nap while our care receiver is napping. Ask someone to sit with or visit care receiver while one retreats to a quiet place to take a nap.
- good nutrition is important—do not skip meals. Eat nutritious diet—even if care receiver has dietary restrictions. Drink enough water.
- accept help from others and ask for help when you need to and recognize when you need help. Be ok with added help even if you need to pay for it/
- take time for yourself—read, crafts, favorite TV program.
- go for a walk or do regular exercise—this is good for mental health as well as physical health.
- do not skip doctor appointments for yourself—you need to keep in good shape to take care of your loved one
- be a part of your loved ones care team—person, doctor or other professional, and yourself. It important to be informed about recommendations and what to expect. Take advantage of medical offer to call whenever you have questions about medical diagnosis, medications or symptoms that occur between scheduled appointments.
- have a trusted friend(s) that you can call and talk to as often as you need to as often as daily even during the night
- have as much contact with others in the community/ extended family as is comfortable for you and your loved one
- recognize when it is time to get some emotional support yourself
- get out of the house as often as is comfortable for you and your loved one. Get someone to sit with your loved one if necessary. Go for coffee or lunch with a friend, go shopping, and attend church with or without your loved one. Can watch services on TV if that is more comfortable.
- practice deep breathing exercises to relieve anxiety episodes
- ok to cry if necessary
- read a book—or parts of it if that is all you have time for
- be aware of community resources—such as 211, get input from social worker at your medical facility, homecare agencies.

Not all of these suggestions can be applied to everyone—everyone’s situation is different, but if you can use even one of these suggestions to make life easier for you and your loved one, it will be worth it.

Dear Lord, please keep us all in your loving care, especially those who care and those we care about. Amen



March is Minnesota FoodShare Month

Minnesota FoodShare is an interfaith collaboration formed in 1982 to help restock food shelves across the state.

Ideas for donating high quality nutritious food:

Grains

Cereal (low sugar)
Pasta
Brown rice
Flour

Meat & protein

Dried beans & lentils
Tuna, ham & chicken
Peanut butter
Baked beans

Fruits & vegetables

Canned fruit (in fruit juice)
Canned vegetables
Spaghetti sauce
100% Fruit juice

Other items needed:

Diapers and wipes
Baby food

Laundry & dish detergent
Personal care items

Toilet paper

*Happy is the one whose help is the God of Jacob, whose hope is in the Lord his God,
who made heaven and earth, the sea, and all that is in them;
who executes justice for the oppressed; who gives food to the hungry.
Psalms 146: 5-7*

"America is the richest country in the world. And yet tonight, thousands of your neighbors will go to bed hungry. It may be your child's schoolmate who is undernourished and has difficulty learning on an empty stomach. Or it could be a co-worker, a working mother whose low-wage job doesn't make ends meet. Perhaps it's an elderly neighbor who has to make a decision whether to delay filling a prescription or buying groceries. The faces of hunger are as broad as the faces of America." ~ David Nasby, General Mills

*"Make us worthy, Lord, to serve those throughout the world
who live and die in poverty or hunger.
Give them, through our hands this day their daily bread:
and by our understanding love, give peace and joy. Amen"
Mother Teresa*

Please consider giving a donation to a local food shelf.

Thanking you with grateful hearts, your neighbors in need.



UNITED LUTHERAN PARISH
Birthdays and Wedding Anniversaries

ARENDAHL

Birthdays

02-Jacob Agrimson
08-Karolyn Boyum
20-John Boyum

GRACE

Birthdays

06-Jordan Bergan
07-Dalton Johnson
07-Jeff Olson
10-Carol Ramsey
10-Kim Thompson
13-Roger Malmin
17-Austin Agrimson
19-Andrea Lee
21-Elaine Eidenschink
22-Julie Boyum
24-Marissa Didier
28-Xander Auman
31-Corey Mattson

NORTH PRAIRIE

Birthdays

01-Bridon Bahl
13-Karen Haugen
13-Emma Olson
14-Joshua Nichols
16-Julie Eide
17-Charles Horihan
19-Arlene Jensen
20-Trinity Nichols
27-Doreen Goodman
29-LeAnn Olson
31-Boone Moen

PILOT MOUND

Birthdays

01-Jody Lawstuen
02-Keri Erickson
03-Kevin Weatherly
06-Jill Peterson
09-Taylor Horsman
10-Alyssa Slavin
11-Addison McCabe
14-Stella Charlebois
14-Greg Erickson
15-Adam McCabe
16-Seth Erickson
16-Arlie Golish
20-Chad Dahl
22-Jack Charlebois
23-Carter Rockvam
24-Bob Peterson
25-Doris Horsman
25-Brian Kesler
26-Alicia Hinckley
27-Carson McCabe
28-Alexis Gilbertson

Anniversaries

25-Adam & Annie McCabe

**The Birthday/Anniversary lists are not complete.
Please help us keep accurate lists of these special days for our members**

March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 CANCELLED	ALL WORSHIP CANCELLATIONS will be posted on KTTC TV as “United Lutheran Parish” and also on Facebook pages Contact officers for meeting updates Calendar events will be reviewed regularly	1	2 ASH WEDNESDAY 7:00 PM Worship at Grace, with Holy Communion	3	4	5
6 9:00 am Worship and SS at Grace 10:15 am Pilot Mound SS 10:30 am Worship and SS at Arendahl	7 7:00 PM North Prairie Council Meeting	8	9 9:00 AM Grace Quilting 7:00 PM Mid-Week Lenten Worship at Pilot Mound	10	11	12
13 9:00 am Worship at Pilot Mound 9:00 am Grace SS 9:30 am NP WELCA Meeting 10:15 am Pilot Mound SS 10:30 am Worship and SS at North Prairie	14	15	16 7:00 PM Mid-Week Lenten Worship at North Prairie	17 NEWSLETTER DEADLINE 2:00 PM Grace WELCA mtg	18	19
20 9:00 am Worship and SS at Grace 10:15 am Pilot Mound SS 10:30 am Worship and SS at Arendahl	21	22	23 9:00 AM Grace Quilting 7:00 PM Mid-Week Lenten Worship at Arendahl	24 7:00 PM Pastor Sarah’s Zoom Book Club	25	26
27 9:00 am Worship at Pilot Mound 9:00 am Grace SS 10:15 am Pilot Mound SS 10:30 am Worship and SS at North Prairie	28	29	30 7:00 PM Mid-Week Lenten Worship at Grace	31		

THE MESSENGER NEWSLETTER

Arendahl-Grace-North Prairie-Pilot Mound
United Lutheran Parish
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Peterson, MN 55962

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