

MESSENGER

Grace | Arendahl | North Prairie | Pilot Mound

Confirmation

June 5 - Pilot Mound

Brynn Horsman

June 5 -North Prairie

Emma Busker

Boone Moen

First Communion

May 22 at North Prairie

August Pauly

Good Shepherd Lutheran Home

*June 30 - Pastor Sarah leads in
worship 1:30 PM*

June 19th



Dear Faithful and Generous Siblings in Christ,

We journeyed through Lent with our eyes directed to those in need through the "40 Together" initiative. Together in Christ we did it! Our Mid-Week Lenten offerings totaled **\$1520**. Why not \$1500 you ask? Abundance abounds! The funds collected go to Tanzanian education and healthcare, Colombian education, local South Sudanese hunger ministries, local refugee ministries (including resettlement), and local food grants. Thank you to the Confirmation Youth for their leadership in our Mid-Week Lenten worship and to all who participated in "40 Together." This generosity really embodied the spirit of the Lenten season.

In Christ's Love, Pastor Sarah

Pastor Sarah's at "Dusk" ZOOM BOOK CLUB LIST

Thursday, 7:00 PM-8:00 PM

*Please email me if you are
interested at
sarahjwalkerbrown@gmail.com
and I will email you the ZOOM
link .*

6/23 - **Talking to Strangers** by
MALCOM GLADWELL

7/21 - **NEITHER WOLF NOR
DOG** by Kent Nerburn

8/25 - **THE SEED KEEPER** by
Diane Wilson

9/22 - **While Justice Sleeps** by
Stacey Abrams

10/20 - **NOTHING MORE
DANGEROUS** by Allen Eskens

11/17 - **Kindred** by Octavia E.
Butler

12/15 - **THE BLACKHOUSE** by
Peter May



REMEMBER IN YOUR PRAYERS
THE FOLLOWING PEOPLE
AND THEIR FAMILIES: That we
at United Lutheran Parish may be open
to God's will, strength and healing for...

• **Health:** Jeanette Berge, LaVonne
(Berge) Jacobson, Pamela Brown, Dan
& Kory Everson, Don Boyum, Herb
Highum, Linda Kingsbury, Eileen
Kinneberg (Sheri Holtegaard's
mother), Arlene Grimes, Bill Marietti
(friend of Pastor Sarah), Shawn &

Jana Draper & their children Andrew and Abby (Jo Anne
Agrimson's sister is Jana).

• **On Going Health Concerns:** Tom Haugstad.

• **Homebound:** Lyle Bremmer, Arlene Holetgaard, Ruth Black,
Lois Ulrich, & O'Donna Haugstad.

• **Assisted Living and Care Centers:** Barb Holien, Marlow
Boyum, Bob Willcox, Don Boyum, & Sarah Turnmire.

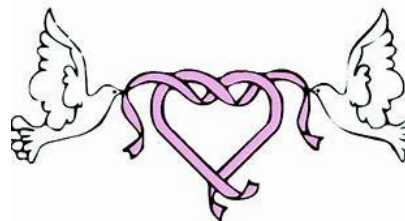
• **Our Military:** Eric Boyum, Tom Moen, Timothy Harrison, Jon
Wiley (Bev Klinski grandson-in-law), Dustin Willcox (grandson
of Bob & Ardis Willcox), Dakota Winkelman (nephew of Tom &
Deb Haugstad) and their families.

WEDDINGS!

**June 25th ~ Jake Peter Kronebusch & Bethany
Holtegaard at Winona, MN.**

**July 15th ~ Chad Kingsbury & Stephanie Koetting at
La Crosse, WI.**

**September 10th ~ Brian Kesler & Crystal Clemens
at North Prairie Lutheran, rural Lanesboro, MN.**



Sunday, May 1, 2022

Arendahl Lutheran Church

Members present: Pastor Sarah; Keith Agrimson, Paul Boyum, (A); Allan Kingsbury, Brad Gorder (G); Doris Horsman, Sonia McCabe, (PM); Anita Brown, Diane Drinkall (NP) and Rachel Boyum. Absent: Dana Knudsen, LeRoy 'Ike' Johnson, Brent Olson, Steve Erickson.

President Paul Boyum called the meeting to order following worship.

The previously approved secretary's minutes were sent with current meeting's agenda to Council members prior to this meeting.

There were no comments regarding the February and March treasurer's reports as presented. A motion to approve was made by Allan Kingsbury and seconded by Sonia McCabe. Motion passed.

Rachel Boyum presented a parish nurse report. She talked about the CPR class that was held at Grace in March and was attended by 8 people from the parish. A fall class could be scheduled if there are more interested persons. Training can be renewed every two years. Rachel is looking to secure "Breather Masks" (used in performing CPR) for each church. Rachel is also working on a 6-week program through the Elder Network "Powerful tools for Caregivers". Rachel still continues to make phone calls to parish members. She is working hard to keep members safe during these times. Rachel also wanted us to be aware of signs/symptoms of mental health issues. She will include this in future newsletter articles.

In Parish Youth news Anita Brown discussed the plans at North Prairie to upgrade the playground area. They will be adding more used equipment. A shelter is also being planned. Anita asked if anyone is interested in helping with painting, staining, carpentry and upgrades to present equipment you should contact her or Justin Brown.

Pastor Sarah reported that Confirmation will be May 15th at Grace and June 5th at Pilot Mound and North Prairie.

First Communion class was held in April. 10 youth from our parish received their "First Communion" on various dates this past month. One more youth will receive their

First Communion" on May 22nd.

Pastor Sarah had two funerals - Roger Boyum (G) and Mavis Malmin (G). A funeral service for Dorothy Sorbo will be at North Prairie on May 28th. Also, a graveside funeral service for LaVaughn Greenwalt (Malmin) will be held at East Grace Cemetery on June 25th.

Pastor indicated there will be 3 weddings during the summer months – Bethany Holtegaard and Jacob Kronebusch in June, Chad Kingsbury and Stephanie Koetting in July, and Brian Kesler and Crystal Clemens in September. They are also having marriage counseling classes.

Pastor Sarah talked about the "40 Together" project that the Confirmation youth participated in during Lent. Offering received \$1520.00. Pastor Kathy Chatelaine, assistant to the Bishop, of the SE MN Synod was part of the worship service on May 15 at Grace and Arendahl sharing with us how this offering will go to education, healthcare and hunger relief.

Pastor Sarah will be on vacation from May 2 – May 13th.

For business we discussed summer scheduled events. Regular services at Grace and Arendahl will be held during Gammel Dag weekend. Pilot Mound Ice Cream social is scheduled for July 17th, Fjareland Reunion on August 7th at Arendahl and Grace's Supper and Song on August 14th.

The Synod Assembly will be at the Mayo Clinic Health Systems Event Center in Mankato on Saturday, May 7th. Bertha Boyum and Rachel Boyum are registered Arendahl delegates.

After a brief discussion, it was decided we would have our next meeting on Sunday, August 14th following worship at North Prairie.

A motion to adjourn at was made by Brad Gorder and seconded by Allan. Motion passed.

We closed with the Lord's Prayer.

Respectfully submitted,
Diane Drinkall, Secretary



MAY 15 CONFIRMATION AT GRACE

Left to right: Colten Jenkins, Treyten Hegland, and Cambria Bauer.

The day was filled with celebration!

The WELCA presented quilts to Grace's two Seniors who are graduating from Rushford-Peterson School, Rushford, MN. Olivia Thompson is all smiles wrapped in her new quilt. She will be attending the University of Minnesota, Duluth, MN this Fall. May God's love surround her as she embarks on a new adventure.

Ryan Lund received a quilt in his favorite colors, red, white and blue. Ryan will be entering the work force. May God's love surround him on his new adventure.



"I KNOW the plans I HAVE FOR You"
declares the LORD, "plans to prosper you
and not to harm you, plans to give you
HOPE and A FUTURE." Jeremiah 29:11



May God's blessings guide you to accomplish your
goals throughout the coming years.



HANNAH BAIN
Lewiston-Altura
High School

North Prairie



RYAN LUND
Rushford-Peterson
High School

Grace



GRADY SCHOTT
Chatfield
High School

North Prairie



OLIVIA THOMPSON
Rushford-Peterson
High School

Grace

When you see one of our ULP seniors, 'Congratulate'
them on a job well done.



Grace Sunday School
had a great finish to our year!

The final organization we collected for this year was St. Jude's. Our Sunday School offerings, with the help of our congregation, came to \$160 in donations! Thank you to everyone who helped make it a wonderful school year of giving to great organizations! Together we truly make a difference!



As a way of giving back to our wonderful church members, the Sunday School children planted seeds and handed them out to all the wonderful women in church on May 15. |

North Prairie/Arendahl Sunday School News

Our last day for the year was May 22nd. The kids had fun learning about God and His love for us. We look forward to seeing everyone again in the fall!

We are planning a half day of Vacation Bible School on July 31st at North Prairie. This will be for all the kids of ULP. More details to come in July's newsletter.



*Ideas for things you can work on this summer with your children:
Memorizing the Lord's Prayer
Learning the 10 Commandments
Reciting the Books of the Bible

GRACE WELCA - JUNE 2022

QUILTING

Wednesday, June 8 9:00AM

Wednesday, June 22 9:00AM

Everyone is welcome to join the quilting group!

NO MONTHLY MEETING IN JUNE

ANNUAL COMMUNITY EVENT

Peterson Gammel Dag Fest/Scandinavian Midsummer Celebration

Saturday, June 25th 10:00am – 3:00pm

~Grace WELCA will serve hot turkey sandwiches and baked Norwegian goods in the church basement~

2022 WELCA Officers: Co-Presidents – Val Hasleiet, Susie Norby

Secretary – Karen Thompson Treasurer – Kathy Hallum

The SE Minnesota ELCA synod assembly was held on May 7, at Mankato MN. The theme of the conference was “
Imagine: endless possibilities in Gods grace.”

Keynote speaker was Rozella Hayden White who is among other things a spiritual life coach. Her comments were in four parts and the first part was:

I'm sorry

Please forgive

Thank you

I love you

--a message for our whole world

There were 2 resolutions that were voted on:

-guidelines about synod staff to be reimbursed fairly in today's world

-our synod's support in the many forms of hospitality to those less fortunate as food shelf, homeless, and others around our community, our country, and around the world.

There was some discussion about a request for additional gifts to Good Earth Village—they are having a difficult time due to pandemic close down of the past two years and limited campership during that time and difficulty hiring interns due to lack of applicants and economic issues.

It was an honor to be your representative to this meeting.

God's Blessing

Bertha Boyum

Rachel Boyum

North Prairie WELCA Announcements for JUNE, 2022

Sunday, June 5th – 9:30 am WELCA meeting prior to Worship, Devotions - Circle # 2 –Priscilla

Saturday, June 25th – “Women’s Day” event at Good Earth Village. All are invited. More information in newsletter.



STEWARDSHIP GOALS for 2022:

Mission Quilts (locally and LWR) and School Kits (LWR). Quilting Days will be during the months of July – November.

PARAMENTS for May/Jun/Jul/Aug: Gayle Burdick, Twilah Brown

FLOWERS for June: Circle # 2 - Priscilla

BULLETIN BOARD for May/Jun/Jul/Aug: Circle # 1 - Dorcas

The “WELCA YEARBOOKS” are available. Please contact President Diane if you do not have one. Please give any corrections or additions to Diane to keep info up-to-date.



We accidentally omitted Wayne Kingsbury and Jack Charlebois who also helped with our meatball dinner last month.



Upcoming events for July WELCA include:

July 19/20 (Tue pm / Wed) – Quilting Days, potluck. (Everyone are welcome)

Your participation makes for a great opportunity to volunteer and support the work of our Women of the ELCA at North Prairie.

Looking forward to working with YOU during 2022. To streamline communications for WELCA with e-mail, text, and/or calls and to cut costs for postage and paper, please forward your e-mail address and phone #s to WELCA President Diane Drinkall: 507.459.1776 or dedrinkall@hotmail.com

Women's Day at Good Earth Village
Saturday, June 25, 2022
9:00AM-2:00PM | \$35 per person

Living Our Legacy: Stewarding Our Lives with Intention

During the course of life, we impact many others along the way. Whether as daughters, mothers, sisters, grandmothers, aunts, or simply friends, we communicate values in the way that we spend and share time.

Women's Day 2022 at Good Earth Village will explore the ways that we communicate our values through the lives that we lead, the stories we share, and the plans that we make.

Check-in starts at 9:00AM and the cost is **\$35 per person**. Handicap parking is available at all buildings. Please feel free to contact us with any questions or concerns at (507) 346-2494 or at info@goodearthvillage.org

Presenters

Rev. Emily Carson,
Office of the Bishop, SEMN Synod



Tharan Leopold, ELCA Churchwide
and SEMN Synod

Dianna Parks,
Executive Director,
Good Earth Village



Schedule for the Day:

9:00AM Check-in at Log Lodge

9:30AM Welcome and Devotion

9:45AM Presentations Begin

11:45AM Lunch at Barr Lodge

12:45 PM Closing Worship

2:00 PM Go in Peace!



JUNE 17-18, 2022

60 MILE GARAGE SALE

Houston | Rushford | Rushford Village | Peterson | Whalan
Lanesboro | Chatfield | Preston | Fountain | Harmony

**Having a sale? Contact your town representative to
be listed on the map. To be listed on our website and
individual maps please send your info by June 13**

60 Mile Garage Sale

- Houston – houstonmnchamber@gmail.com
- Rushford/Rushford Village/Peterson – 507-864-7560 rushfordpetersonvalley@gmail.com
- Whalan – 507-467-2015 – jlewis100000@msn.com
- Lanesboro – 507-467-2696 – lacc.mn/sign60m
- Chatfield – 507-273-1776 – info@chatfieldmn.org
- Preston – 507-765-2153 – gkinneberg@prestonmn.org
- Fountain – 330-730-1129 – colkannen@gmail.com
- Harmony – 507-886-2469 – director@exploreharmony.com

Parish Nurse News

Grief and Loss

In the recent times many of us have had losses---

- loss by death of spouse, sibling, child, friend
- loss of job or changes in parameters of job we did not ask for
- loss of relationships or isolation as dictated by pandemic
- loss or change in how we do things in our family and community (i.e. communicate via zoom rather than in person)

Kubler-Ross has identified five stages of grief or emotions associated with grief:

Denial-is a survival coping mechanism—a person goes numb and cannot believe the episode has not happened to them (example deadly diagnosis, tragic death, or a long expected death—why today)

Anger-common stage in grief process. Question “why me” or “where is God.” Reality sets in and you begin to feel connected to people—allow this step to healing to ourselves and others.

Bargaining-is when we think “what if” and “if only I had gone to the doctor sooner or had the brakes fixed on the car etc.” This is where guilt sets in—making a deal with God

Depression-it represents the emptiness we feel when living in reality. A person may withdraw from life, live in a fog or experience hopelessness.

Acceptance-in this stage emotions have stabilized and you realized you are going to be OK—you will have a new reality. Will still have good days, and bad days and realize there are more good days to come

What can I do for those who are grieving?

- pray and offer devotions as indicated
- listen without giving advice except when asked for an option—everyone grieves in their own way and on their own time table.
- sit quietly with them, hold their hand and hug (as acceptable by the pandemic)
- visit often and go to coffee or meal with them. Keep this up as long as you can and even after 1 month, 1 year or whatever is comfortable
- telephone – regularly and give them the option to call you even if it is 2 AM

Professional Help Available.

- make an appointment to see your primary care physician
- call your pastor, parish nurse
- see a counselor—some specialize in grief work, call until you find one that works well with you
- support groups—some available in community, Hospice sometimes have support group or can refer you to one. Support groups helps with the feeling of isolation as you know others have gone through this too

Dear Lord keep those who grieve in your tender care and help me to offer your comfort to them. Amen

Powerful Tools for Caregivers

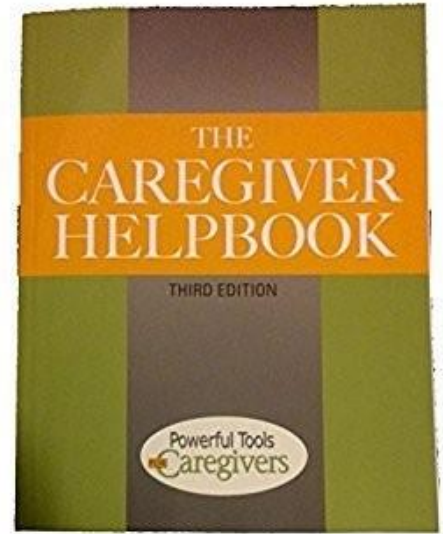
- **They're depending on you.**

When you give yourself the tools,
everyone benefits

- **Summer Session!**

Easy to attend via Zoom while caregiving

- **Register by July 1, 2022**



This 6-week workshop will help anyone caring for an older friend or relative, whether it's at home, in a nursing home, or across the country. **Powerful Tools for Caregiving** is an evidence-based program that helps you develop a wealth of tools to...

- reduce stress
- change negative self-talk
- communicate more effectively
- recognize the messages in emotions
- make tough caregiving decisions

Donations are encouraged.

*Funded in part by the SE MN Area
Agency on Aging as part of the Older
Americans Act*



Tuesdays
July 19-August 23, 2022

1:00pm-2:30pm
Virtual Class on Zoom via the
Elder Network Office

Class size is limited

For more information, call Barb at

507-452-0580

Elder Network Services are available to all eligible persons regardless of race, color, sex, religion, disability, or national origin. Elder Network is a non-profit organization.

SUPPORT OUR LOCAL FOOD SHELVES

Food Drive
for Hunger



There are people who will starve to death today. We don't truly understand how blessed we are in America. As Christians we are to feed the poor and help people who are in need. Feeding the needy is part of serving one another and as we serve others we are serving Christ. Matthew 25:35, 40 explains to us about feeding the hungry – Jesus said “For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in” and “Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did to me”.

Children and families still need our support and donations. We have a cart located in the entryway of North Prairie church. Whatever you donate, whether it be just one item or several, we can make a difference in the lives of many.

Please join us in doing what we can to make sure families in need don't go to bed hungry. Items will be delivered at the end of each month to the local food shelf.

NP WELCA

Cash Donations to local food shelves are encouraged at this time. Checks can be mailed to: SEMCAC Rushford Food Shelf 113 E Jessie St, PO Box 549 Rushford MN 55971 (OR your local food shelf)

FOOD BANK WISH LIST

As you gear up to give, fill your list with these top nonperishable items* food banks need most!

Applesauce
Canned beans
Canned chicken
Canned fish (tuna and salmon)
Canned meat (SPAM and ham)
Canned vegetables
Cooking oils (olive and canola)
Crackers
Dried herbs and spices
Fruit (canned or dried)

Granola bars
Instant mashed potatoes
Meals in a box
Nuts
Pasta
Peanut butter
Rice
Shelf-stable milk
Soup, stew and chili
Whole grain cereal

*Please skip any item with glass or cellophane packaging because it can be broken in transport. Pop-top can are a plus – no opener needed



UNITED LUTHERAN PARISH

Birthdays and Wedding Anniversaries

ARENDAHL

Birthdays

03-Lisa Agrimson
05-Britta Whitacre
06-Paul Boyum
15-Adam Roos
16-Keith Agrimson
17-John Knudsen
23-Andrea Pauly
24-Randy Boyum
26-Gail Boyum

Anniversaries

16-Nathan & Britta
Whitacre
20-Jacob & Lisa Agrimson
30-David & Willa Holger

GRACE

Birthdays

01-Linda Jenkins
02-Josie Kahoun
06-Janice Johnson
08-Judy Graham
08-Jenny Thompson
08-Kayla Thompson
09-Linda Kingsbury
13-Courtney Mattson
20-Dan Mattson
21-Brenda Bergan
25-John Kahoun
25-Trey Olson
27-Scott Boyum

Anniversaries

04-David & Tammy Hallum
18-Duane & Mary Miner
19-Brian & Rhonda Bauer
19-Allan & Linda Kingsbury
19-Ardell & Andrea Lee
21-Andy & Theresa Pederson

NORTH PRAIRIE

Birthdays

03-Lu Brown
03-Bethany Holtegaard
05-Ben Johnson
09-Josh Albrechtson
09-Keith Eide
12-Daniel Hatlevig
13-Cora Mayer
15-Harold Jensen
20-Twilah Brown
21-Shannon Goodman
22-Madilynn Honsey
26-Donald Eide
28-Daniel C. Gordon
30-Benjamin Lawstuen

Anniversaries

06-Derek & Sarah Holtegaard
08-Merv & Sue Moen
09-Keith & Anita Brown
11-Jeff & Tammy Brown
24-Jim & Tara Cassman
26-Joel & Doreen Goodman
29-Timothy & Kimberly Wilde

PILOT MOUND

Birthdays

04-Aveianna Jonsgaard
06-Debra Haugstad
07-Cayson Slavin
09-Casey Goddard
09-Brynn Horsman
11-Mike Stevens
15-Joyce Kramer
16-Robert Dahl
19-Dayton Danielson
19-Trenton Rockvam
23-Emily Charlebois
26-Raelyn Borst
30-Brett Horsman

Anniversaries

02-Seth & Jessica Erickson
03-Dean & Deb McConochie
04-Harry & Jane Kesler
14-David & Sonia McCabe
14-Guinn & Norine Minter
26-Dustin & Kari O'Byrne
26-Mike & Sheri Stevens

The Birthday/Anniversary lists are not complete.
Please help us keep accurate lists of these special days for our members

June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 CANCELLED ALL WORSHIP CANCELLATIONS will be posted on KTTC TV as "United Lutheran Parish" and also on Facebook pages Contact officers for meeting updates Calendar events will be reviewed regularly			1	2	3	4
5 Confirmation Sunday Worship 9:00 AM Pilot Mound 9:30 AM NP WELCA Meeting 10:30 AM North Prairie	6	7	8 9:00 AM Grace Quilting	9	10 Wedding Rehearsal @ NP	11 Non Member Wedding
12 Worship 9:00 AM Grace 10:30 AM Arendahl	13	14	15 Newsletter Deadline	16	17	18
19 Worship 9:00 AM Pilot Mound 10:30 AM North Prairie	20	21	22 9:00 AM Grace Quilting	23 7:00-8:00 PM PASTOR SARAH'S "At Dusk" MONTHLY ZOOM BOOK CLUB	24	25 9:00 AM – 2:00 PM Women's Day at GEV 10:00 AM – 3:00 AM Grace WELCA event - Gammel Dag Fest
26 Worship 9:00 AM Grace 10:30 AM Arendahl	27	28	29	30		

THE MESSENGER NEWSLETTER

Arendahl-Grace-North Prairie-Pilot Mound

United Lutheran Parish

P. O. Box 36

Peterson, MN 55962

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